

Signs of an asthma emergency

Look for these signs of a serious episode:

- ✓ the child's reliever medication isn't helping
- ✓ they're finding it hard to breathe
- ✓ they're breathing hard and fast
- ✓ they're finding it hard to speak
- ✓ they're sucking in around their ribs/throat
- ✓ they're looking pale or blue.

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