

# Useful resources



## Understanding your inhaler

Read time: 13 min

Information on different types of asthma inhalers.

Publisher: Asthma + Respiratory Foundation, NZ

[Visit website](#)



## Supporting ākonga with health conditions

Read time: 10 min

This guidance helps early learning services and schools embrace and support ākonga (learners) with health conditions. It sets the scene for you to do so in ways that keep them safe, enrich their hauora and nurture their continued growth and learning.

[Visit website](#)



## Asthma treatment

Read time: 20 min

Information on different types of asthma medications.

Publisher: Asthma + Respiratory Foundation, NZ

[Visit website](#)

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