

How to explain the stress response to children

Nigel Latta explains how to support children to understand the impact of traumatic stress on their own brains.



Video hosted on Youtube <http://youtu.be/WHaottpUIYU>

No captions or transcript

Source:

[Sovereign NZ](#)

<https://www.youtube.com/watch?v=WHaottpUIYU&feature=youtu.be>

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