## Use the 5-point scale for anxiety

Introduce the 5-point scale to teach social and emotional skills through a systems approach.



Video hosted on Youtube http://youtu.be/L2zZOxSwkzI

No captions or transcript

Source:

Autism Live (US)

https://www.youtube.com/channel/UCSR-PtIMWK7QzRHKDKJItRA

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