

# Take a strengths-based approach

Know your learners – understand what they can do, what their strengths are, and what their specific needs are.

Find out about:

- ✓ what motivates them
- ✓ what they are good at and enjoy doing
- ✓ what rewards them and reinforces their behaviours
- ✓ important people in their lives
- ✓ cultural connections and experiences and languages spoken
- ✓ how they like to unwind and relax
- ✓ dislikes and things they avoid
- ✓ how they like to learn and what helps them learn
- ✓ things that make it hard for them to learn
- ✓ what they do when they need help.

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