

Transitioning to group activities

A simple strategy to reduce stress and anxiety.

Daisy's teacher found that Daisy needed lots of support when going from guided reading to the group reading activity.

She introduced a strategy of Daisy going out for a drink of water before coming back to the activity.

This allowed Daisy to avoid being in class during the busy transition time.

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.
