

# Support autonomy and choice making

Students will differ in how much and what kind of choices they prefer to have.

Simply providing choices is not enough.

Read [CAST's Optimize individual choice and autonomy](#) for short overview of considerations.

Key messages:

- Offer choices or options that are relevant and useful to ākonga
- Ensure ākonga have access to the supports or tools to make use of the choices offered
- Discuss with ākonga how to make a choice that is going to work for them
- Support ākonga to make a choice that suits their needs, preferences and strengthes
- Scaffold the way choices can be made by making levels of autonomy available to all ākonga.

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