## **Develop skills needed for externals**

Intentionally supporting action and expression is an integral part of a UDL approach.

Create space and time for students to think about the skills they might need as they prepare for external assessments. Build time to develop these skills into your learning programme.

Topics for discussion might include:

- ✓ how to break down a question
- ✓ how to be sure I answer the question
- ✓ how to manage my time in an external assessment
- ✓ strategies for when I get stuck
- ✓ how to manage my nerves
- ✓ how to decipher what I am being asked to do.

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