Inclusive Education From Guide: ADHD and learning Strategy: Helpful classroom strategies years 9-13 Suggestion: Support participation and confidence Date 27 April 2024 Link inclusive.tki.org.nz/guides/adhd-and-learning/support-participation-and-confidence-2

## Suggestions to increase confidence

Discuss with the student what will support their participation and confidence.

Build the suggestions into your teaching practice.

- ✓ Ask students how they like to learn.
- ✓ Use students' interests and strengths as bases for teaching.
- Recognise and eliminate situations that students may find difficult or embarrassing because of their physical or cognitive differences.
- ✓ Foster tuakana-teina relationships and create a class culture where students support each other.
- ✔ Feedback success to students' parents and whānau.
- ✓ Recognise avoidance strategies and provide support and encouragement.
- ✔ Give students extra time to complete work.
- ✓ Make learning supports, such as text-to-speech and word prediction, available to all students.
- ✓ Enable students to contribute their ideas in collaborative work, without the challenge of lengthy writing tasks.
- Provide the student with strategies to help them when they get stuck.

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