

Allergy action plans

A suggestion for implementing the strategy

'Recognise and respond to allergic reactions'

from the Guide: [Allergies and learning](#)

Includes:

Families provide action plans

ASCIA allergy action plans

Request action plans

No allergy action plan?

Use your SMS

Useful resources

[Inclusive Education](#)

From

Guide: [Allergies and learning](#)

Strategy: [Recognise and respond to allergic reactions](#)

Suggestion: [Allergy action plans](#)

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inclusive.tki.org.nz/guides/allergies-and-learning/allergy-action-plans

Families provide action plans

Families and whānau are responsible for providing an up-to-date allergy action plan, which they get from a registered medical practitioner.

Plans are prepared using ASCIA templates for [anaphylaxis and allergic reactions](#).

Action plans should be updated:

- following an annual doctor's appointment
- when a new auto injector is purchased
- when allergy information changes.

If a child or young person is at risk of anaphylaxis, they will be prescribed an adrenaline auto-injector (EpiPen) and given an Anaphylaxis Action Plan.

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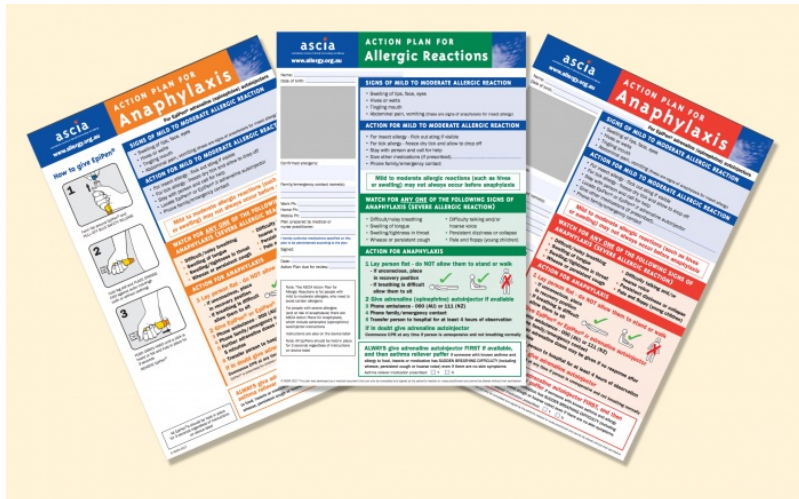
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[inclusive.tki.org.nz/guides/allergies-and-learning/allergy-action-plans](https://www.allergy.org.nz/guides/allergies-and-learning/allergy-action-plans)

ASCIA allergy action plans



Source:

ASCIA

[https://www.allergy.org.au/health-professionals/ascia-plans-action-and-treatment?](https://www.allergy.org.au/health-professionals/ascia-plans-action-and-treatment?highlight=Wyjhc2NpYSIsImFzY2lhj3MiLCInYXNjaWEiLCJhY3Rpb24iLCJwbGFucyIsImFzY2lhIGFjdGlubiBwbGFucyIsImFjdGlubiBwbGFucyJd)

[highlight=Wyjhc2NpYSIsImFzY2lhj3MiLCInYXNjaWEiLCJhY3Rpb24iLCJwbGFucyIsImFzY2lhIGFjdGlubiBwbGFucyIsImFjdGlubiBwbGFucyJd](https://www.allergy.org.au/health-professionals/ascia-plans-action-and-treatment?highlight=Wyjhc2NpYSIsImFzY2lhj3MiLCInYXNjaWEiLCJhY3Rpb24iLCJwbGFucyIsImFzY2lhIGFjdGlubiBwbGFucyIsImFjdGlubiBwbGFucyJd)

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Request action plans



Source:

Ministry of Education

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No allergy action plan?

Not every child will have an ASCIA allergy action plan.

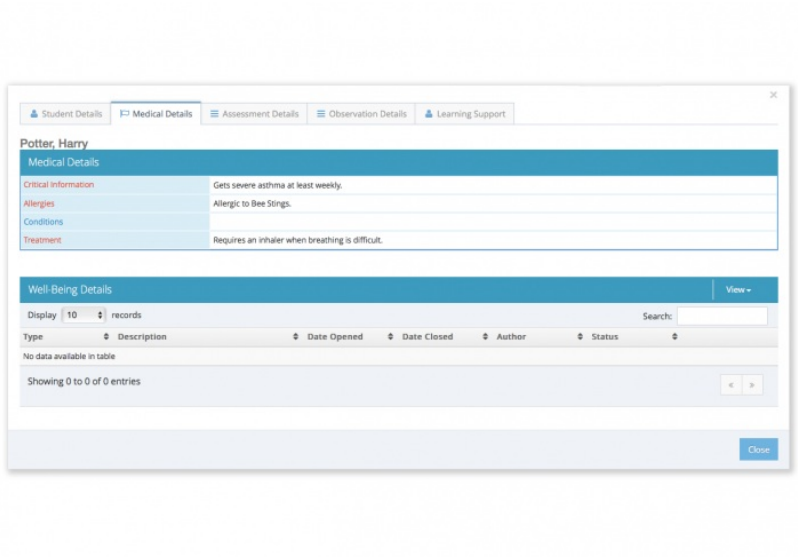
Parents or caregivers may indicate on the enrolment form that their child has allergies, but they don't have an allergy action plan. This may be because:

- the allergy is mild and the student does not require an ASCIA allergy plan
- the family don't know that allergy plans are available from the doctor – [ASCIA information for parents](#)
- the allergy is not life threatening (pollen or animal dander allergies).

Ensure you collect all necessary and relevant information from parents and whānau so that all staff are aware of the triggers and preventative measures to ensure the child is safe.

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Use your SMS



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Useful resources



ASCIA action plans for anaphylaxis

These concise, easy-to-follow, single-page documents assist in the emergency treatment of anaphylaxis.

Publisher: Australasian Society of Clinical Immunology and Allergy

[Visit website](#)



Supporting ākonga with health conditions

Read time: 10 min

This guidance helps early learning services and schools embrace and support ākonga (learners) with health conditions. It sets the scene for you to do so in ways that keep them safe, enrich their hauora and nurture their continued growth and learning.

[Visit website](#)

