

Allergy action plans

A suggestion for implementing the strategy
'Recognise and respond to allergic reactions'
from the Guide: [Allergies](#)

Includes:

Families provide action plans

ASCIA allergy action plans

Request action plans

No allergy action plan?

Use your SMS

Useful resources

Inclusive Education

From

Guide: [Allergies and learning](#)

Strategy: [Recognise and respond to allergic reactions](#)

Suggestion: [Allergy action plans](#)

Date

09 May 2019

Link

www.inclusive.tki.org.nz/guides/allergies-and-learning/allergy-action-plans

Families provide action plans

Families and whānau are responsible for providing an up-to-date allergy action plan, which they get from a registered medical practitioner.

Plans are prepared using ASCIA templates for [anaphylaxis](#) and [allergic reactions](#).

Action plans should be updated:

- following an annual doctor's appointment
- when a new auto injector is purchased
- when allergy information changes.

If a child or young person is at risk of anaphylaxis, they will be prescribed an adrenaline auto-injector (EpiPen) and given an Anaphylaxis Action Plan.

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ASCIA allergy action plans



Source: [ASCIA](#)

Source:

[ASCIA](#)

[https://www.allergy.org.au/health-professionals/ascia-plans-action-and-treatment?](https://www.allergy.org.au/health-professionals/ascia-plans-action-and-treatment?highlight=Wylhc2NpYSIsImFzY2lhj3MiLCInYXNjaWEiLCJhY3Rpb24iLCJwbGFucyIsImFzY2lhIGFjdGlvbiIsImFzY2lhIGFjdGlvbiBwbGFucyJd)

[highlight=Wylhc2NpYSIsImFzY2lhj3MiLCInYXNjaWEiLCJhY3Rpb24iLCJwbGFucyIsImFzY2lhIGFjdGlvbiIsImFzY2lhIGFjdGlvbiBwbGFucyJd](https://www.allergy.org.au/health-professionals/ascia-plans-action-and-treatment?highlight=Wylhc2NpYSIsImFzY2lhj3MiLCInYXNjaWEiLCJhY3Rpb24iLCJwbGFucyIsImFzY2lhIGFjdGlvbiIsImFzY2lhIGFjdGlvbiBwbGFucyJd)

[View full image \(1.6 MB\)](#)

[ASCIA's Action Plan for Anaphylaxis](#) provides instructions for treatment.

[ASCIA's Action Plan for Allergic Reactions](#) is for individuals with medically confirmed allergies, who must avoid certain allergens but have not been prescribed EpiPens.

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Request action plans



Source: Ministry of Education

Source:

[Ministry of Education](#)

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Request and collect allergy and anaphylaxis action plans as part of the enrolment process.

Plans should be reviewed and updated annually.

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No allergy action plan?

Not every child will have an ASCIA allergy action plan.

Parents or caregivers may indicate on the enrolment form that their child has allergies, but they don't have an allergy action plan. This may be because:

- the allergy is mild and the student does not require an ASCIA allergy plan
- the family don't know that allergy plans are available from the doctor – [ASCIA information for parents](#)
- the allergy is not life threatening (pollen or animal dander allergies).

Ensure you collect all necessary and relevant information from parents and whānau so that all staff are aware of the triggers and preventative measures to ensure the child is safe.

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Use your SMS



Source: [Assembly Student Management System](#)

Source:

[Assembly Student Management System](#)

<https://www.assembly-sms.co.nz/>

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Share information about student allergies and treatments through your student management system (SMS), so that all staff are prepared.

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Useful resources

ASCIA action plans for anaphylaxis

Publisher: Australasian Society of Clinical Immunology and Allergy

[Visit website](#)



Health conditions in education settings: Supporting children and young people

Read time: 40 min

Publisher: Ministry of Education | Te Tāhuhu o te Mātauranga

[Visit website](#)

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