

# Early learning settings

Identify where and how contact with food allergens may occur throughout the day in your centre.

Potential challenges include:

- the exploration of surroundings and objects through all senses, particularly the mouth – wipe surfaces immediately after food preparation and serving
- surface contact with allergens, for example, when crawling on the floor – decide on and use designated spaces for eating so that food isn't dropped on floors
- accidental exposure to food as children are still learning the concept of sharing – name children's lunchboxes and drink bottles, monitor children eating, and ensure all staff know those children with allergies.

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