

Self-review checklist

Ensure barriers to participation and potential health risks are identified.

- ✓ Communicate trip intentions to students, parents, and whānau ahead of time to provide opportunities for them to report any allergy risks.
- ✓ Identify individuals with allergies.
- ✓ Collect up-to-date allergy information from parents and whānau.
- ✓ Scope the area being visited to identify possible hazards, such as grasses or bees.
- ✓ Identify first-aid helpers.
- ✓ Check and update medical kits.
- ✓ Ensure students have their medication with expiry dates checked.
- ✓ Make the completed RAMS form available to all staff and helpers.
- ✓ Include copies of allergy action plans with the RAMS form. Make them accessible to staff and helpers at all times.
- ✓ Include key cell phone numbers and contacts on the RAMS form.

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