Inclusive Education
From
Guide: Allergies and learning
Strategy: Create an inclusive learning environment
Suggestion: Use the classroom curriculum to reinforce allergy awareness and self-management
Date
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Link

Home economics and health

Teach awareness and understanding of allergies through health and home economics.

Plan for students to consider the impact of allergies as they develop understandings of:

- meeting their nutritional needs – foods that are safe to eat, reading food labels
- safety management for themselves and others – carrying medication, checking own food, asking before sharing food
- preparing food to ensure it is safe for those with food allergies
- responsible decision making – making safe food choices, identifying personal safety risks
- demonstrating empathy – supporting friends, providing help, considering the health needs of others.

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