

Inclusive Education

From

Guide: [Allergies and learning](#)

Strategy: [Create an inclusive learning environment](#)

Suggestion: [Use the classroom curriculum to reinforce allergy awareness and self-management](#)

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11 May 2019

Link

www.inclusive.tki.org.nz/guides/allergies-and-learning/use-the-classroom-curriculum-to-reinforce-allergy-awareness-and-self-management

Home economics and health

Teach awareness and understanding of allergies through **health and home economics**.

Plan for students to consider the impact of allergies as they develop understandings of:

- meeting their nutritional needs – foods that are safe to eat, reading food labels
- safety management for themselves and others – carrying medication, checking own food, asking before sharing food
- preparing food to ensure it is safe for those with food allergies
- responsible decision making – making safe food choices, identifying personal safety risks
- demonstrating empathy – supporting friends, providing help, considering the health needs of others.

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