

Key competencies

Expressing needs and feelings <ul style="list-style-type: none">• Plan opportunities for students to talk about and research causes and management of allergies through health units, inquiry topics, and science• Use drama and role play to act out scenarios e.g. how to help someone who is unwell, what a allergic reaction might look like• Use reading materials, media, and images as discussion starters	Negotiating hazards <ul style="list-style-type: none">• Plan opportunities for students to identify potential allergy triggers e.g. design posters, create short films• Role play what to do in emergency situations when others show warning signs and symptoms of an allergic reaction• Increase student awareness of reading food labels, providing allergy-friendly baking for school stalls• Support students to self manage by identifying personal safety measures e.g. wearing long sleeves and shoes if allergic to insect bites
Respecting their peers <ul style="list-style-type: none">• Develop support strategies and tips for keeping peers with allergies safe e.g. don't share food items, wash hands before and after eating• Discuss what it might happen if someone was tricked into eating something they are allergic to	Making safe decisions <p>Use trips, camps, and school activities as an authentic context for:</p> <ul style="list-style-type: none">• discussing making safe decisions e.g. identifying risky food, sharing food, times when students might need to carry their own EpiPen, or recognise they need to take allergy medication• identifying areas, equipment or materials that could pose potential risk e.g. long grass, insects

Source:
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