

Use the Wellbeing / Mana Atua strand in Te Whāriki

A suggestion for implementing the strategy
'Create an inclusive learning environment'
from the Guide: [Allergies and learning](#)

Includes:

- Raise awareness through play
- Read picture books
- Use images
- Use songs
- Involve your learners
- Useful resources

Inclusive Education

From

Guide: [Allergies and learning](#)

Strategy: [Create an inclusive learning environment](#)

Suggestion: [Use the Wellbeing / Mana Atua strand in Te Whāriki](#)

Date

09 May 2024

Link

inclusive.tki.org.nz/guides/allergies-and-learning/use-the-wellbeingmana-atua-strand-in-te-whariki

Read picture books

Four-year-old Thai learns about food allergies by reading his allergy book.

Books available from

[My Food Allergy Friends website](#).



Video hosted on Youtube <http://youtu.be/uVUkxmgSyLY>

No captions or transcript

Source:

[Jackie Nevard \(AUS\)](#)

https://www.youtube.com/channel/UCwf4Lv1Ep3_LZCVojgpoRow

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Use images

This short video, aimed at preschool children, uses simple images to reinforce safety messages for children with food allergies.



Video hosted on Youtube <http://youtu.be/cVtM-c6gotA>

No captions or transcript

Source:

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Use songs

The Wiggles sing about the effects of allergies.



Video hosted on Youtube http://youtu.be/9jRU_35kPrY

No captions or transcript

Source:

[The Wiggles](#)

https://www.youtube.com/watch?v=9jRU_35kPrY

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Involve your learners



Source:

Polyhigh Community Childcare Centre, Jayne Byrne

<https://www.polyhigh.co.nz/kiwi-newsletter-may-june-2017/>

[View full image \(27 KB\)](#)

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Useful resources



Principles, strands, goals, and learning outcomes

The principles and an overview of the goals and learning outcomes for each of the five strands in Te Whāriki.

Publisher:

[Visit website](#)



Allergy-free play dough recipes

A variety of allergen-free play dough recipes suitable for children with gluten, dairy, and soy allergies.

Publisher: American College of Allergy, Asthma & Immunology

[Visit website](#)



Starting kindy with food allergies

A range of resources for early childhood educators, children, and parents to support an understanding of food allergies.

Publisher: My Food Allergy Friends

[Visit website](#)

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