

Inclusive Education

From

Guide: [ASD and learning](#)

Strategy: [Key areas to support](#)

Suggestion: [Support positive behaviour using recommended approaches](#)

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Link

www.inclusive.tki.org.nz/guides/asd-and-learning/support-positive-behaviour-using-recommended-approaches

Manage difficult times

Appropriate techniques acknowledge the student's need, provide some boundaries, ensure they get support, and help them manage their actions.

- ▲▲ Agree on a cool down zone.
- ▲▲ Remove unnecessary demands or requests.
- ▲▲ Keep on top of classroom noise and activity.
- ▲▲ Know the beginning signs of anxiety for your student, for example, tapping, rocking, loud voice, fidgeting.
- ▲▲ Agree an approach or signal for managing unexpected change.
- ▲▲ Redirect the student to another activity they enjoy or distract them with a specific task or errand, seamlessly and naturally separating them.
- ▲▲ Move closer or move away as appropriate, stand side on rather than face-on.
- ▲▲ Give clear instructions that the student is more likely to follow.
- ▲▲ Remind them of any self-management strategies they know.
- ▲▲ Facilitate relaxation.

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