

# Asthma awareness in early learning settings

A suggestion for implementing the strategy 'Create inclusive learning environments '

from the Guide: Asthma and learning

**Includes:** Use picture books

Role-play and games

Utilise play

Useful resources

From

Guide: Asthma and learning

Strategy: Create inclusive learning environments

Suggestion: Asthma awareness in early learning settings

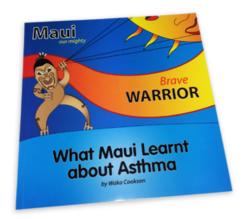
Date

26 April 2024

Link

inclusive.tki.org.nz/guides/asthma-and-learning/asthma-awareness-early-learning-settings

### **Use picture books**



View full image (70 KB)

From

Guide: Asthma and learning

Strategy: Create inclusive learning environments

Suggestion: Asthma awareness in early learning settings

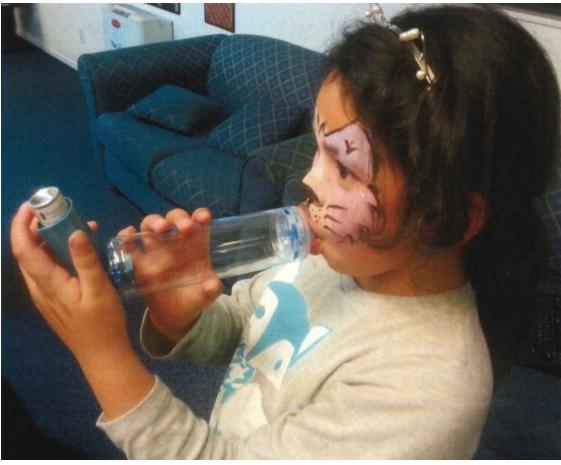
Date

26 April 2024

Link

inclusive.tki.org.nz/guides/asthma-and-learning/asthma-awareness-early-learning-settings

### **Role-play and games**



**Source:** University of Otago

View full image (1.9 MB)

From

Guide: Asthma and learning

Strategy: Create inclusive learning environments

Suggestion: Asthma awareness in early learning settings

Date

26 April 2024

Link

inclusive.tki.org.nz/guides/asthma-and-learning/asthma-awareness-early-learning-settings

## **Utilise play**

#### Learning opportunities to create awareness of, and promote personal safety about asthma

Learning Outcomes	Potential learning context and activities
Keeping themselves healthy and caring for themselves   te oranga nui	Knowing who to go to for help     Talking about things that keep you safe e.g. medic-alert bracelet     Some children need to take medicines to keep them from becoming unwell     Learning about parts of the body e.g. lungs
Managing themselves and expressing their feelings and needs   te whakahua whakaaro	Using pictures and images to identify and show a teacher how you are feeling Role play to support children to talk about their asthma Role play what it might look like when it's hard to breathe Talk about, and show pictures of, common things that can cause asthma Demonstrate words like 'wheeze' and 'hard to breathe' that relate to asthma symptoms Sharing with others own 'special' medical items e.g. asthma inhaler, spacer and facemask Using picture books to prompt conversations about asthma
Keeping themselves and others safe from harm   te noho haumaru.	Learning the importance of taking care of themselves e.g. using inhalers     Role play what it might look like if their friend becomes sick     How to look after my friends     Opportunities for young children to demonstrate and talk about what helps them, to share their personal stories

Source:

Ministry of Education

View full image (259 KB)

From

Guide: Asthma and learning

Strategy: Create inclusive learning environments

Suggestion: Asthma awareness in early learning settings

Date

26 April 2024

Link

inclusive.tki.org.nz/guides/asthma-and-learning/asthma-awareness-early-learning-settings

#### **Useful resources**



Te Whāriki: Te whakatinanatanga o ngā mātāpono | Principles in action

A collection of resources that show the principles of Te Whāriki in action.

Publisher: Te Whāriki Online

**Visit website** 

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.