

Asthma awareness years 1-13

A suggestion for implementing the strategy
'Create inclusive learning environments '
from the Guide: [Asthma and learning](#)

-
- Includes:**
- Health and PE years 1-12
 - Role play
 - Learn through literacy
 - Supporting adolescents
 - Relating to others
 - Useful resources

[Inclusive Education](#)

From

Guide: [Asthma and learning](#)

Strategy: [Create inclusive learning environments](#)

Suggestion: [Asthma awareness years 1-13](#)

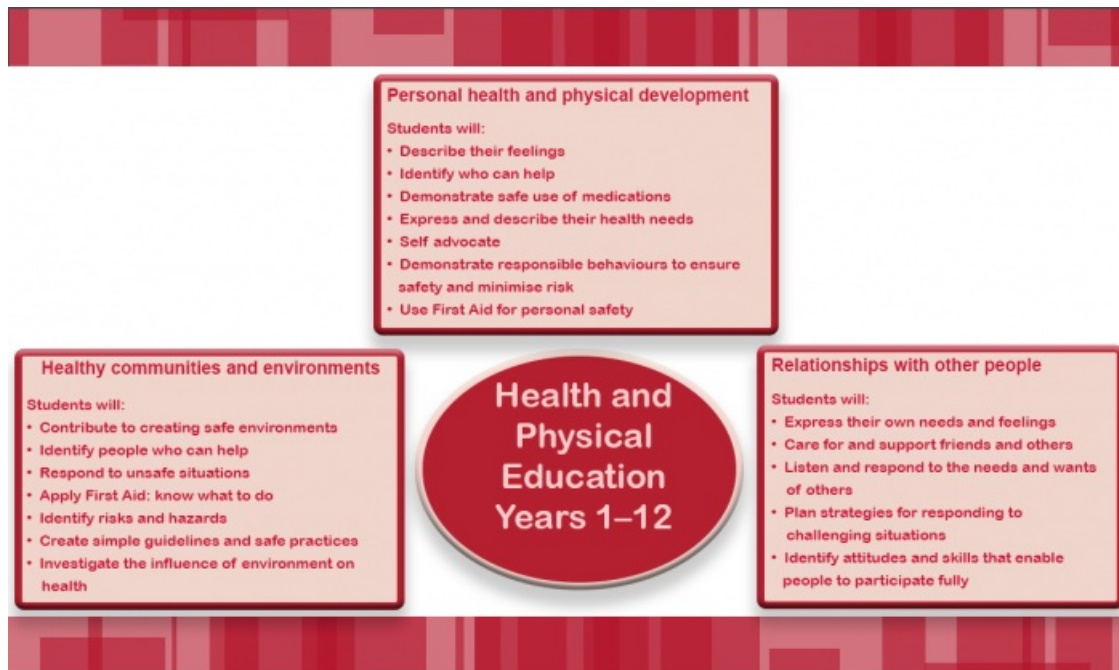
Date

19 April 2024

Link

inclusive.tki.org.nz/guides/asthma-and-learning/asthma-awareness-years-1-13

Health and PE years 1-12



Source:

[Ministry of Education](#)

<https://nzcurriculum.tki.org.nz/The-New-Zealand-Curriculum/Health-and-physical-education/Achievement-objectives>

[View full image \(221 KB\)](#)

Inclusive Education

From

Guide: [Asthma and learning](#)

Strategy: [Create inclusive learning environments](#)

Suggestion: [Asthma awareness years 1-13](#)

Date

19 April 2024

Link

inclusive.tki.org.nz/guides/asthma-and-learning/asthma-awareness-years-1-13

Role play

Making and sharing short videos or doing role plays enables students to understand asthma, support their peers, and make safe decisions.



Video hosted on Youtube <http://youtu.be/cindluEMOU>

No captions or transcript

Source:

[asthmaFreeSchoolZone \(US\)](#)

<https://youtu.be/cindluEMOU>

Inclusive Education

From

Guide: [Asthma and learning](#)

Strategy: [Create inclusive learning environments](#)

Suggestion: [Asthma awareness years 1-13](#)

Date

19 April 2024

Link

inclusive.tki.org.nz/guides/asthma-and-learning/asthma-awareness-years-1-13

Learn through literacy

Stories supported by downloadable lesson plans.

- [Asthma – School Journal](#) (L2) an article explaining an asthma attack and a child's experiences
- [Breathless – School Journal Story Library](#) (L3) a fictional narrative about a boy who suffers from asthma
- [Sensing data – Connected](#) (L4) an article describing how Christchurch is becoming a safer city for people with respiratory disorders

Inclusive Education

From

Guide: [Asthma and learning](#)

Strategy: [Create inclusive learning environments](#)

Suggestion: [Asthma awareness years 1-13](#)

Date

19 April 2024

Link

inclusive.tki.org.nz/guides/asthma-and-learning/asthma-awareness-years-1-13

Supporting adolescents

Many adolescents are embarrassed about having asthma and using medication, particularly around their friends and peers.

Build students' competencies in managing their own health by:

- ensuring students know how and when they can seek help
- ensuring confidentiality
- using subjects such as English, science, history, health and PE, to explore concepts of hauora
- identifying safe, accessible spaces that students can access if needed for taking preventer medication or doing calm breathing exercises
- reminding students of where and how to access onsite health professionals.

Inclusive Education

From

Guide: [Asthma and learning](#)

Strategy: [Create inclusive learning environments](#)

Suggestion: [Asthma awareness years 1-13](#)

Date

19 April 2024

Link

inclusive.tki.org.nz/guides/asthma-and-learning/asthma-awareness-years-1-13

Relating to others



Source:

[Asthma Australia](https://asthma.org.au/)

<https://asthma.org.au/>

[View full image \(661 KB\)](#)

[Inclusive Education](#)

From

Guide: [Asthma and learning](#)

Strategy: [Create inclusive learning environments](#)

Suggestion: [Asthma awareness years 1-13](#)

Date

19 April 2024

Link

inclusive.tki.org.nz/guides/asthma-and-learning/asthma-awareness-years-1-13

Useful resources



Health and physical education: Achievement objectives

Health and physical education in the New Zealand curriculum.

[Visit website](#)



Healthy breathing and asthma activity booklet

An activity booklet with activities for children and whānau to learn about healthy breathing, preventing and managing asthma

Publisher: Otago University

[Download PDF \(4.7 MB\)](#)



Sailor Asthma Show

An in-school/ECE initiative supported by the Asthma and Respiratory Foundation NZ. Includes a free touring show plus a website of supporting resources.

Publisher:

[Visit website](#)

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.