## Support external assessments

Support students to successfully show their learning in external assessments.

- ✓ Offer students mock or practice assessments so they know what to expect and can become familiar with formats and assessment environments.
- ✓ Identify possible barriers in the physical environment, for example, unfamiliar room layout, lighting, or temperature.
- ✓ Support time management with visual timers and calendar tools.
- ✓ Teach and practise approaches to managing anxiety, such as mindfulness and positive self-talk, and identify solutions to anticipated problems prior to an assessment.
- ✓ Pre-teaching specific assessment or exam skills, such as how to approach multiple choice questions.

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.