

Inclusive Education

From

Guide: [Supporting learners with acquired brain injury](#)

Strategy: [Concussion: Support a return to learning and activity](#)

Suggestion: [Develop a plan of support](#)

Date

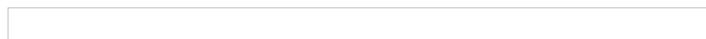
28 June 2019

Link

[www.inclusive.tki.org.nz/guides/brain-injury/develop-a-plan-of-support](http://www.inclusive.tki.org.nz/guides/brain-injury/develop-a-plan-of-support)

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## Develop a return-to-physical-activity plan



Source: [ACC New Zealand](#)

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<https://www.starship.org.nz/media/492867/concussion-info-sheet.pdf>

[View full image \(1 MB\)](#)

Design a gradual return to activities, sports and play with whanau.

List the steps to safely get back to full activity.

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