

Useful resources



Returning to activity from a concussion/mild traumatic brain injury

Read time: 1 min

This booklet outlines a programme for a child or young person to return to activities and sport following a concussion or mild traumatic brain injury.

Publisher: Starship Hospital and ACC

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Concussion protocol resources for schools

These resources will support educators to develop and implement evidence-based, best-practice concussion protocols based on the Canadian Guideline on Concussion in Sport.

Publisher: Parachute Canada

[Visit website](#)



BCCFA – Returning to school after a concussion

In this video Robyn Littleford of the GF Strong Rehabilitation Centre talks about returning to school after a concussion.

Publisher: BC Centre for Ability

[Visit website](#)

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