

Inclusive Education

From

Guide: [Supporting learners with acquired brain injury](#)

Strategy: [Concussion: Support a return to learning and activity](#)

Suggestion: [Monitor physical activity and offer options to allow rest](#)

Date

10 July 2019

Link

www.inclusive.tki.org.nz/guides/brain-injury/monitor-physical-activity

Notice where support is needed

Many of the symptoms of concussion can often be misinterpreted as negative behaviour.

Instead, these symptoms are signals that a brain is still healing and needs a supportive environment to aid recovery.

- ↯ Feeling tired
- ↯ Wants to sleep a lot
- ↯ Yawning; dozing off
- ↯ Late arriving
- ↯ Daydreaming; looking blank
- ↯ Doesn't "seem like themselves"
- ↯ Easily frustrated
- ↯ Shows no interest in playing
- ↯ Unusually emotional
- ↯ Sore head or other pains

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