

Inclusive Education

From

Guide: [Supporting learners with acquired brain injury](#)

Strategy: [Concussion: Support a return to learning and activity](#)

Suggestion: [Monitor physical activity and offer options to allow rest](#)

Date

10 July 2019

Link

www.inclusive.tki.org.nz/guides/brain-injury/monitor-physical-activity

Monitor fatigue, offer quiet zones



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<https://pixabay.com/en/quiet-zone-sign-stop-georgetown-2982675/>

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A child or young person may have difficulty self-monitoring their level of fatigue.

Encourage timely breaks in quiet spaces.

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