

Inclusive Education

From

Guide: [Supporting learners with acquired brain injury](#)

Strategy: [Concussion: Support a return to learning and activity](#)

Suggestion: [Monitor physical activity and offer options to allow rest](#)

Date

10 July 2019

Link

[www.inclusive.tki.org.nz/guides/brain-injury/monitor-physical-activity](http://www.inclusive.tki.org.nz/guides/brain-injury/monitor-physical-activity)

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## Feed the hungry brain



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Ensure children and young people can eat and drink whenever they need to.

Encourage a snack break whenever a child seems to be getting tired.

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