

## Inclusive Education

From

Guide: [Supporting learners with acquired brain injury](#)

Strategy: [Concussion: Support a return to learning and activity](#)

Suggestion: [Monitor physical activity and offer options to allow rest](#)

Date

14 July 2019

Link

[www.inclusive.tki.org.nz/guides/brain-injury/monitor-physical-activity](http://www.inclusive.tki.org.nz/guides/brain-injury/monitor-physical-activity)

---

## Reflection questions

Adjust and adapt for your own context.

How will you monitor a child or young person's level of fatigue?

How will you offer rest stops?

How will you ensure all staff are aware of a child or young person's safety needs during break times and during play or sporting activities?

What processes will you use to ensure that communication with the child or young person's whānau is effective and timely?

Where might the design of the learning environment increase fatigue?

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.

---

