

Inclusive Education

From

Guide: [Supporting learners with acquired brain injury](#)

Strategy: [Traumatic brain injury \(TBI\): Support a return to learning and activity](#)

Suggestion: [Provide social and emotional support](#)

Date

28 June 2019

Link

www.inclusive.tki.org.nz/guides/brain-injury/provide-social-and-emotional-support-2

Reflection questions

Adapt for your own context.

How could you reduce situations that may trigger anxiety? (Consider minimising changes in routine, cramped working spaces, noise, clutter, unstructured activity, frequent transitions).

Where can you teach and include relaxation and coping strategies?

What processes will you use to regularly check-in with the child or young person?

How will you strengthen self-advocacy skills?

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