

Inclusive Education

From

Guide: [Supporting learners with acquired brain injury](#)

Strategy: [Concussion: Support a return to learning and activity](#)

Suggestion: [Provide social and emotional support](#)

Date

28 June 2019

Link

www.inclusive.tki.org.nz/guides/brain-injury/provide-social-and-emotional-support

Reflection questions

Adapt and adjust for your own context.

How could you reduce situations that may trigger anxiety (for example, minimise changes in routine, cramped working spaces, noise, clutter, unstructured activity, frequent transitions)?

Where could you teach and incorporate relaxation and coping strategies into the curriculum?

What processes will you use to regularly check-in with the child or young person?

How will you strengthen children and young people's self-advocacy skills?

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