

Understand the injury and the support needed

A suggestion for implementing the strategy

'Concussion: Support a return to learning and activity' from the Guide: [Acquired brain injury and learning](#)

Includes:

Refresh knowledge of concussion

What to ask whānau

Give assurance

Reflection questions

Useful resources

Inclusive Education

From

Guide: [Supporting learners with acquired brain injury](#)

Strategy: [Concussion: Support a return to learning and activity](#)

Suggestion: [Understand the injury and the support needed](#)

Date

28 June 2019

Link

www.inclusive.tki.org.nz/guides/brain-injury/understand-the-injury-and-the-support-needed

Refresh knowledge of concussion

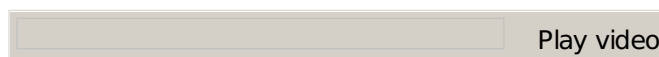
Remind yourself of the implications of a concussion, so you can provide informed support.

Source: [DocMikeEvans \(USA\)](#) Closed Captions

Source:

[DocMikeEvans \(USA\)](#)

<https://www.youtube.com/channel/UCL-IWPkXQn3JYYsPnpGllg>



Video hosted on Youtube http://youtu.be/_55YmbIG9YM

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What to ask whānau

Meet with the family or whānau and the child or young person.

Learn about the concussion and the support needed.

When did the injury take place?

What part of the head received the injury?

Have you been to the doctor or hospital? If yes, what happened and what were the recommendations?

What have you noticed about:

- energy levels
- sleeping patterns
- headaches
- mood and emotional state
- appetite
- vision
- sensitivity to light, sound, busy environments?

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Give assurance



Source: Ministry of Education

Source:

[Ministry of Education](#)

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Let both the child or young person and their family know that you understand the potential effects of concussion and that you will create a safe and supportive learning environment.

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Reflection questions

How will you be informed, so you know what to ask and look out for?

How will you demonstrate empathy? A child or young person may look fine, but a concussion is an unseen, hidden injury.

How will you be a good listener? Every concussion and every child's experience is unique.

How can you enable whānau to guide and oversee support?

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Useful resources

Concussion – A series of educational videos

Publisher: Headway: Brain Injury Auckland

[Visit website](#)

Brain injury: A guide for parents

Read time: 17 min

Publisher: Headway: Brain Injury Auckland

[Download PDF \(477 KB\)](#)

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