

Inclusive Education

From

Guide: [Supporting learners with acquired brain injury](#)

Strategy: [Traumatic brain injury \(TBI\): Support a return to learning and activity](#)

Suggestion: [Understand the injury and its implications](#)

Date

14 July 2019

Link

www.inclusive.tki.org.nz/guides/brain-injury/understand-the-injury

Siblings' experiences

Siblings or whānau members may experience:

- ▲▲ feelings of unfairness – it might be difficult for them to understand why their brother or sister is being treated differently to them
- ▲▲ worry, anxiety, and sadness about their parents or their brother or sister
- ▲▲ feelings of wanting to protect their sibling
- ▲▲ confusion and misunderstanding about the brain injury
- ▲▲ difficulty understanding changes in their sibling's personality or behaviour
- ▲▲ embarrassment about the injured child's behaviour and may be wary about having friends at the house
- ▲▲ feelings that they're not being told about what's going on, or being "kept out of the loop"
- ▲▲ feeling left out or forgotten
- ▲▲ feeling guilty about what's happened (sometimes called "survivor guilt")
- ▲▲ feeling guilty about expressing their own feelings because they don't want to add to the burden on their parents
- ▲▲ a sense of loss that their sibling seems different.

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