

Be aware of new challenges for whānau

Families may face many of these unexpected situations and challenges.

- ✓ The shock of the initial brain injury may involve coping with intensive care treatment.
- ✓ The cognitive, behavioural, and emotional effects of a brain injury can be more limiting and harder to accept and overcome than the physical injuries, both for the person who has sustained the injury and for their family and friends.
- ✓ Unplanned for financial and legal costs have to be managed.
- ✓ They may experience isolation.
- ✓ They may have to deal with multiple agencies, including ACC, hospitals, and WINZ.
- ✓ They have to adjust to the changes in the person with brain injury and how these affect other family members and friends.
- ✓ They may experience stress related to caring for the injured person.

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