

[Inclusive Education](#)

From

Guide: [Fetal alcohol spectrum disorder and learning](#)

Strategy: [Helpful classroom strategies years 1-8](#)

Suggestion: [Create structure in a flexible environment](#)

Date

17 January 2019

Link

www.inclusive.tki.org.nz/guides/fetal-alcohol-spectrum-disorder-and-learning/create-structure-in-a-flexible-environment-2

Structure and consistent routines

Structure helps ease the stress created by constant change.

A consistent routine supports independence and reduces anxiety and stress.

Source: [WrAP Schools \(Canada\)](#) No captions or transcript

Source:

[WrAP Schools \(Canada\)](#)

https://www.youtube.com/channel/UChuAycUoRt_HkcbdXnKiV_Q

 Play video

Video hosted on Youtube http://youtu.be/NR-_GTm5MA8

This information was downloaded/printed from the Ministry of Education's website "Inclusive Education". Except where otherwise noted it is Crown Copyright 2018.

Information on the Inclusive Education website is regularly updated so we recommend you check the website version of this information to ensure it remains current.

