

# Minimise homework

When I am at school I use an enormous amount of my energy to keep myself safe and focused.

At the end of school I am extremely tired and do not cope well with homework.

Can you please think about ways to minimise homework for me and make it manageable?

**Student**

**Source:**

[Fetal Alcohol Network NZ](https://www.fasd-can.org.nz/caregiver_whanau_support#fasd-and-the-education-system)

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