

Teach students about about alcohol harm during pregnancy

A suggestion for implementing the strategy
'Helpful classroom strategies years 9–13' from
the Guide: [FASD and learning](#)

Includes:

- The New Zealand Curriculum
- Health education NCEA achievement standards
- Tūturu teaching resources
- A whole school approach
- Useful resources

Inclusive Education

From

Guide: [Fetal alcohol spectrum disorder and learning](#)

Strategy: [Helpful classroom strategies years 9-13](#)

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Date

27 April 2024

Link

inclusive.tki.org.nz/guides/fetal-alcohol-spectrum-disorder-and-learning/teach-students-about-fasd-cause-and-effects

The New Zealand Curriculum

Alcohol and other drug (AoD) sits primarily in the Health and Physical Education (HPE) learning area of *The New Zealand Curriculum*. As a context for learning it also has relevance for other areas such as the social sciences, English, and science.

FASD causes and effects on children, parents and families can be included in AoD education if teachers choose.

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Health education NCEA achievement standards

Students might choose these achievement standards using the effects of alcohol on themselves and a developing fetus as a context.

NCEA Level 1

- [AS90975 Demonstrate understanding of issues to make health enhancing decisions in drug-related situations](#)

NCEA Level 2

- [AS91235 Analyse an adolescent health issue](#)

NCEA Level 3

- [AS91464 Analyse a contemporary ethical issue in relation to well-being](#)
- [AS91465 Evaluate models for health promotion](#)

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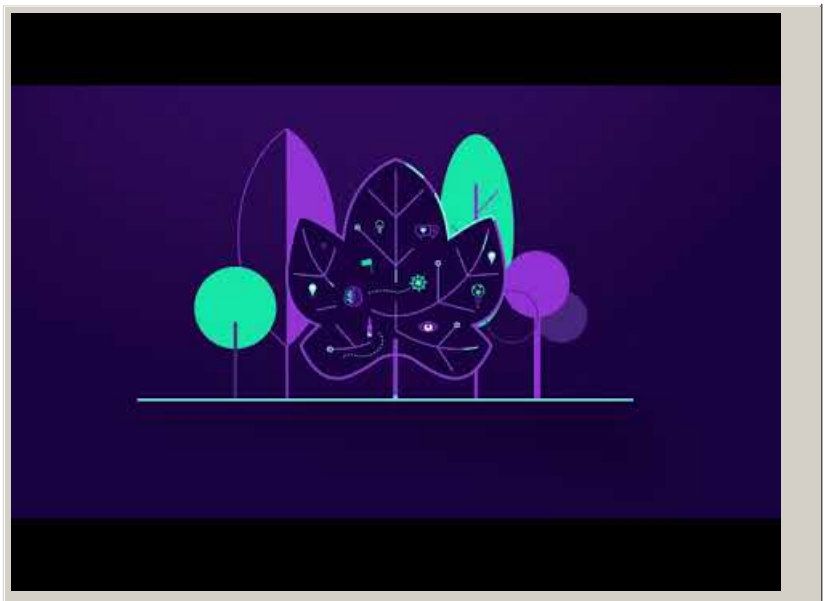
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Tūturu teaching resources

Tūturu Resource

Toolkit contains teaching and assessment resources for teachers to use with students in English, Geography, Mathematics, and Health.



Video hosted on Youtube http://youtu.be/NtvylJvk_jQ

Closed Captions

Source:

New Zealand Drug Foundation – Tūturu

<https://www.tuturu.org.nz/>

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A whole school approach

A positive whole-school approach including and involving the wider school community is important in shaping the values, attitudes and behaviours of the students.

The New Zealand Curriculum recognises classroom teaching is only one part of the educative process. Learning is enhanced when students are engaged at school, feel they belong, and are valued.

Tūturu supports New Zealand schools to take a whole school approach to preparing students to live in a world where alcohol and drugs exist.

A whole school approach uses multiple strategies. It incorporates the school culture, curriculum, structures and organisational models (its norms and standards), and the attitudes and values modelled within the school environment. It involves everyone in the school community working together.

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Useful resources



Alcohol.org.nz

Information, advice, research and resources to help prevent and reduce alcohol-related harm and inspire New Zealanders to make better decisions about drinking alcohol.

The website is managed by the Health Promotion Agency / Te Hīringa Hauora (HPA). HPA is a crown agency and evidence-based health promotion organisation, influencing all sectors that contribute to health and wellbeing.

Publisher: Health Promotion Agency

[Visit website](#)



Fetal alcohol spectrum disorder: Prevention

Information and video clips that could be used in a teaching and learning activity, or for students' own research. The KidsHealth website has been created by a partnership between the Paediatric Society of New Zealand and the Starship Foundation, supported and funded by the Ministry of Health.

Publisher: KidsHealth

[Visit website](#)



Alcohol and pregnancy

Information from the New Zealand Ministry of Health /Manatū Hauora.

Publisher: Health Promotion Agency

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