

Inclusive Education

From

Guide: [Supporting LGBTIQ+ students](#)

Strategy: [Address immediate environmental, physical and social needs](#)

Suggestion: [Provide safe spaces, changing rooms and school trips](#)

Date

20 January 2019

Link

www.inclusive.tki.org.nz/guides/supporting-lgbtika-students/provide-safe-spaces-changing-rooms-and-school-trips

Ask about experiences in PE and sport

LGBTIQ+ students can find sports and physical education classes particularly stressful.

Document findings and discuss with students ways to create more inclusive environments.

Many students:

- ▲▲ have negative experiences in physical education classes
- ▲▲ identify physical education classes as likely locations for homophobia and transphobia to be expressed
- ▲▲ experience verbal slurs
- ▲▲ experience incidents of physical abuse
- ▲▲ experience feelings of rejection due to their sexuality and gender identity
- ▲▲ are worried about discrimination from coaches
- ▲▲ are unable to access gender-neutral shower, toilets, and changing areas
- ▲▲ feel uncomfortable with gender-specific uniforms
- ▲▲ feel uncomfortable playing in a gender-specific sports team.

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