

# Challenge the status quo

Conscientisation is becoming aware of the part we play in keeping things the same. How we support the status quo, how we perpetrate that. And becoming very conscious of how and why we are doing that and what are the implications of our actions.

*Conscientisation* may make us aware, but if we're not going to do anything with that thinking we're of very little help to our students. *Resistance* is the “doing” following the disruption to our practice on account of the conscientisation.

**Adapted from Poutama Pounamu**

Source:

Poutama Pounamu

<https://poutamapounamu.org.nz/assets/resources/site/Critical-theories-PP.pdf>

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