

Understand social and emotional learning (SEL)

A suggestion for implementing the strategy
'Support and strengthen peer relationships'
from the Guide: [Positive peer relationships](#)

Includes:

- SEL Framework
- Create a positive environment
- Integrate SEL into the classroom
- Support social and emotional development
- SEL and key competencies
- Useful resources

Inclusive Education

From

Guide: [Supporting positive peer relationships](#)

Strategy: [Support and strengthen peer relationships](#)

Suggestion: [Understand social and emotional learning \(SEL\)](#)

Date

20 April 2024

Link

inclusive.tki.org.nz/guides/supporting-positive-peer-relationships/understand-social-and-emotional-learning-sel

SEL Framework



© CASEL 2017

Source:

CASEL

<https://casel.org/fundamentals-of-sel/what-is-the-casel-framework/>

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Create a positive environment

POSITIVE LEARNING ENVIRONMENTS INCLUDE:

Engagement

- Postive student-teacher relationships
- Teacher academic and emotional support
- Peer academic and emotional support
- Trust in teachers
- Personalised relationships
- Meaningful control

Safety

- Effectively addressed discipline problems
- Emotional and academic safety

Environment

- Cohesive
- Democratic
- Goal directive
- Captivating
- Challenging
- Relevant

Source:
[Teaching the Whole Child](https://gtlcenter.org/products-resources/teaching-whole-child-instructional-practices-support-social-emotional-learning)
<https://gtlcenter.org/products-resources/teaching-whole-child-instructional-practices-support-social-emotional-learning>

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Integrate SEL into the classroom

SEL is most effective when it is part of daily classroom life.



Video hosted on Youtube <http://youtu.be/XmVhO3nL2EM>

Closed Captions

Source:

[Edutopia \(US\)](#)

<https://www.youtube.com/channel/UCdksaQxXH13BMeHoo9MorBg>

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Support social and emotional development

Use SAFE approaches to support the social and emotional development of students.

- ✓ Use modeling and coaching to help students recognise how they feel or how someone else might be feeling.
- ✓ Teach students to use conflict-resolution skills and use dialogue to them through the steps to help them apply a skill in a new situation.
- ✓ Practice group decision making and setting classroom rules in class meetings.
- ✓ Teach cooperative skills and plan to practice these through participation in team sports and games.
- ✓ Support the development of problem solving skills by analysing an event (this can be in any curriculum area) through a set of questions based on a problem-solving model.
- ✓ Take a tuakana-teina approach, in which a younger student is paired with an older one to teach, to build self-confidence, a sense of belonging, and enhance academic skills.
- ✓ Teach reflective listening with students working with a partner to describe a situation and having the partner repeat what he or she heard.

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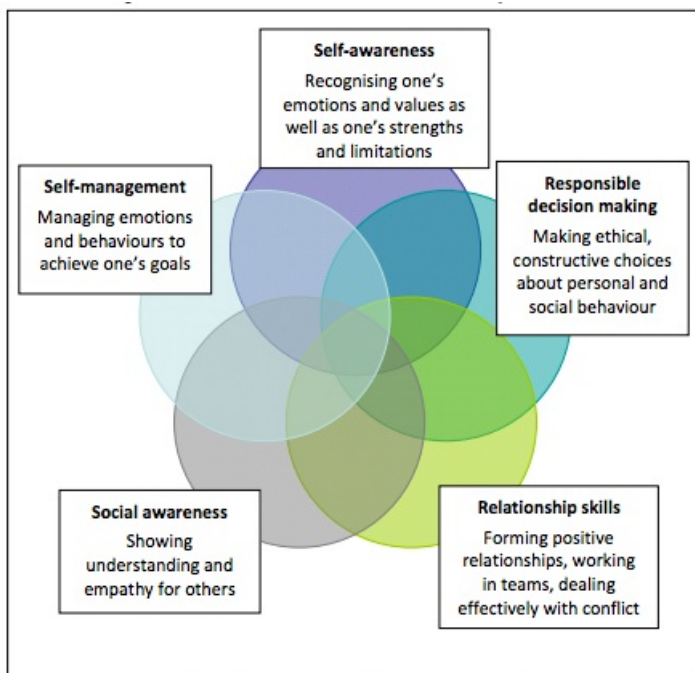
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SEL and key competencies



*Diagram adapted from: <http://casel.org/why-it-matters/what-is-sel/>

Source:

[Wellbeing@School](#)

<https://www.wellbeingatschool.org.nz/sites/default/files/documents/W@S-Building-social-competency-research-brief.pdf>

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Useful resources



What is SEL?

The Collaborative for Academic, Social, and Emotional Learning (CASEL) is the world's leading organisation advancing the practice of promoting integrated academic, social, and emotional learning (SEL) for all children from preschool to high school. Their website provides information about SEL competencies, whole school approaches for introducing and teaching SEL, and resources.

Publisher: Collaborative for Academic, Social, and Emotional

[Visit website](#)



Big ideas | Social and emotional learning

A series of videos and student activities to support social and emotional learning for primary school students. Growth mindset, perseverance, empathy, and gratitude are the topics covered. These are part of ClassDojo. They can be accessed without having a ClassDojo account.

Publisher: Class Twist

[Visit website](#)



Teaching the whole child: Instructional practices that support social-emotional learning in three teacher evaluation frameworks

Read time: 76 min

This research-to-practice publication, developed by the American Institute for Research, supports educators to identify teaching practices that promote student social-emotional learning. It showcases how three professional teaching frameworks embed practices that influence student academic learning and student social and emotional competencies.

Publisher: American Institutes for Research

[Visit website](#)

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