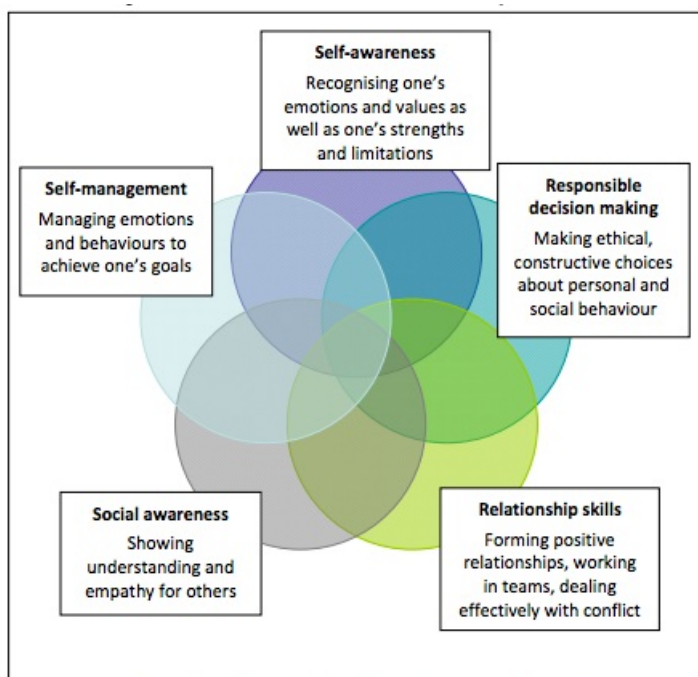


# SEL and key competencies



\*Diagram adapted from: <http://casel.org/why-it-matters/what-is-sel/>

## Source:

Wellbeing@School

<https://www.wellbeingatschool.org.nz/sites/default/files/documents/W@S-Building-social-competency-research-brief.pdf>

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