

Offer useful supports

Try small, inexpensive equipment.

Always consider the needs and sensitivities of your learners before introducing any supports.

Offer supports to everyone, such as:

- fidget tools for concentration
- [reading rulers](#) to highlight single lines of text
- sticky notes or removable [Post-it flags](#) to mark important words or sections of text
- calculators
- magnifiers
- [slope boards](#)
- coloured pencils and felt-tipped pens
- pencil grips to support fine motor control
- headphones
- earmuffs to reduce noise
- [timers](#)
- [inflatable seat cushions](#).

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