Identify potential barriers to learning and wellbeing

A suggestion for implementing the strategy 'How to plan using UDL' from the Guide:

Universal Design for Learning

Includes:
- Identify barriers to learning and wellbeing
- Consider potential barriers
- Social and emotional barriers
- Examples of barriers
- Reflection questions
- Useful resources
Identify barriers to learning and wellbeing

Source: Chrissie Butler CORE Education

chrissie butler core education
http://www.core-ed.org/

Walking in the shoes of our learners and considering their predictable variability can help us surface potential barriers.
Consider potential barriers

Potential barriers to learning can be hidden in the choices we make in these five areas.

Barriers are often created when we offer single approaches that don't allow flexibility.
Social and emotional barriers

We also need to consider potential social and emotional barriers to learning.

Ask yourself the following questions:
- Do I know how to pronounce every student's name correctly?
- Am I aware of student's preferences and sensitivities?
- I am aware of what could diminish or threaten student's self esteem?
- Do I know how to authentically connect learning to students?
Examples of barriers

<table>
<thead>
<tr>
<th>Knowledge of learner</th>
<th>Design choice</th>
<th>Potential barrier</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low vision</td>
<td>Paperback book</td>
<td>Text cannot be enlarged</td>
</tr>
<tr>
<td>Decodes text slowly</td>
<td>15 minute time frame for multiple choice test</td>
<td>Insufficient time to complete test</td>
</tr>
<tr>
<td>Prefers not to speak in front of the class</td>
<td>Class debate</td>
<td>Does not attend class</td>
</tr>
<tr>
<td>Uses a wheelchair</td>
<td>Class presentation on the school stage</td>
<td>Steep flight of steps onto the stage</td>
</tr>
<tr>
<td>Takes time to compose thoughts</td>
<td>Fast, whole class online quiz</td>
<td>Unable to make decisions quickly enough to participate</td>
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**Inclusive Education**

From
Guide: Universal Design for Learning

Strategy: How to plan using UDL

Suggestion: Identify potential barriers to learning and wellbeing

Date
21 January 2019

Link

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## Reflection questions

Take a moment to reflect on this idea of hidden barriers.

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>In what ways do you intentionally identify potential barriers within learning experiences?</td>
<td></td>
</tr>
<tr>
<td>How can you proactively plan to minimise barriers?</td>
<td></td>
</tr>
<tr>
<td>Discuss ways to engage learners and whānau in conversations, identifying barriers to learning, participation and wellbeing.</td>
<td></td>
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</tbody>
</table>
Useful resources

Do's and don'ts on designing for accessibility

Read time: 34 min
Publisher: United Kingdom Government

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