Guidelines to help us plan for variability

From the neuroscience, we know that variability across the affective networks is predictable.

The three engagement guidelines help us plan for this variability.

Guidelines	Purpose
Provide options for recruiting interest	Spark excitement and curiosity for learning
Provide options for sustaining effort and persistence	Tackle challenges with focus and determination
Provide options for self regulation	Harness the power of emotions and motivation in learning

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